



The Franciscan Spirit Padre Pio Prayer Group



Pray, Hope Don't Worry Newsletter

Monthly Meeting Updates and Items of Interest

Our next in person meeting will be on August 02, 2025, at St Mary's

- **Updates on the Prayer Group**
- **Eucharistic Celebration** (starts at 9:00 am in the church)
- **Prayers** (starts after Eucharistic Celebration in the K of C Room)
 - Stay with me Lord
 - Efficacious Novena to the Sacred Heart of Jesus
 - Prayer of Saint Francis, Lord make me an instrument of your Peace
 - St. Michael the Archangel prayer
 - Litany of Padre Pio
- **Spiritual Readings from the Letters of Padre Pio**
- **Saint of the Day:** Saint Eusebius of Vercelli
- **Next meeting information, websites and information**

St Mary's Church

66A Main St. South, Brampton, Ontario, L6W 2C6, Canada

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Prayer Group Updates:

We have received permission to reestablishing ourselves in St Mary's Church in Brampton.

As of July 2025, we are going to meet in person again. Thank you to Rev. Fr. Peter Marr Pastor at St Mary's, we will start meeting again at St Mary's as of August 2, 2025. The meetings will again be once a month - every first Saturday starting at 9:00 am with the Eucharistic celebration in the church followed by prayer group activities in the parish hall - the Knights of Columbus room.

We are looking forward to being able to enrich our spirituality and faith as an active Lay ministry in our parish again.

Our website and email addresses are still active. Come visit the website and help us make a difference in the faith of all that visit it.

Our prayer request portal is also active, and we ask all the members to keep all the intentions and prayer request forwarded to us by the portal or other media in your daily prayers.

We are also starting a donation program to support the various ministries and programs

- prayer group
- Casa Sollievo Della Sofferenza Research Hospital that Padre Pio founded
- Retreats
- Pilgrimages
- Church events (24-hour adoration, special celebrations)
- Prayer cards and other faith inspiring items

We will also look into some form of items like a banner, t-shirts, scarfs, hats to identify us as members of the Franciscan Spirit PPPG.

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Padre Pio Prayer Group



Prayers:

Stay with me Lord

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You.

Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often.

Stay with me, Lord, for You are my life, and without You, I am without fervor.

Stay with me, Lord, for You are my light, and without You, I am in darkness.

Stay with me, Lord, to show me Your will.

Stay with me, Lord, so that I hear Your voice and follow You.

Stay with me, Lord, for I desire to love You very much, and always be in Your company.

Stay with me, Lord, if You wish me to be faithful to You.

Stay with me, Lord, for as poor as my soul is, I want it to be a place of consolation for You, a nest of love.

Stay with me, Jesus, for it is getting late and the day is coming to a close, and life passes, death, judgment, eternity approaches. It is necessary to renew my strength, so that I will not stop along the way and for that, I need You. It is getting late and death approaches, I fear the darkness, the temptations, the dryness, the cross, the sorrows. O how I need You, my Jesus, in this night of exile!

Stay with me tonight, Jesus, in life with all its dangers. I need You. Let me recognize You as Your disciples did at the breaking of the bread, so that the Eucharistic Communion be the Light which disperses the darkness, the force which sustains me, the unique joy of my heart.

Stay with me, Lord, because at the hour of my death, I want to remain united to You, if not by communion, at least by grace and love.

Stay with me, Jesus, I do not ask for divine consolation, because I do not merit it, but the gift of Your Presence, oh yes, I ask this of You!

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Stay with me, Lord, for it is You alone I look for, Your Love, Your Grace, Your Will, Your Heart, Your Spirit, because I love You and ask no other reward but to love You more and more. With a firm love, I will love You with all my heart while on earth and continue to love You perfectly during all eternity. Amen

Efficacious Novena to the Sacred Heart of Jesus

I. O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of..... (*For the Holy Father, Pope Leo XIV and all the clergy that they continue to remain a pillar and teachers of our faith*)

Our Father....Hail Mary....Glory Be to the Father....
Sacred Heart of Jesus, I place all my trust in you.

II. O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you." Behold, in your name, I ask the Father for the grace of.....(*For Casa Sollievo Della Sofferenza Research Hospital that Padre Pio founded and all the Padre Pio Prayergroups*)

Our Father...Hail Mary....Glory Be to the Father....
Sacred Heart of Jesus, I place all my trust in you.

III. O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away." Encouraged by your infallible words I now ask for the grace of.....(*for the Franciscan Spirit PPPG, its ministries and all its members*)

Our Father....Hail Mary....Glory Be to the Father...
Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

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Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! Amen.

St. Joseph, foster father of Jesus, pray for us.

Prayer of Saint Francis, Peace Prayer

Lord, make me instruments of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is discord, union; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy.

O Divine Master grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

St. Michael the Archangel prayer

"St. Michael the Archangel, defend us in battle.

Be our defense against the wickedness and snares of the Devil.

May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen."

Litany of St. Pio of Pietrelcina

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Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the World, have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, One God, have mercy on us.
Holy Mary, Virgin Immaculate, pray for us.
St. Pio of Pietrelcina, pray for us.
Beloved of God, pray for us.
Imitator of Jesus Christ, pray for us.
Good shepherd of the people, pray for us.
Model for priests, pray for us.
Light of the Church, pray for us.
Adorer of the Blessed Sacrament, pray for us.
Faithful son of St. Francis, pray for us.
Marked with the stigmata of Jesus, pray for us.
Patient in suffering, pray for us.
Helper of the dying, pray for us.
Director of souls, pray for us.
Heart of gold, pray for us.
Apostle of mercy, pray for us.
Worker of miracles, pray for us.
Consoler of the afflicted, pray for us.
Lover of the Most Holy Rosary, pray for us.
Helper of souls in doubt and darkness, pray for us.
Comforter of the sick, pray for us.
Example of humility, pray for us.
Source of wisdom, pray for us.
Mirror of the divine life, pray for us.
Lover of Jesus Crucified, pray for us.

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Resigned to the will of God, pray for us.

Doing good upon earth, pray for us.

Filled with the spirit of self-sacrifice, pray for us.

Our help and hope in all our needs, pray for us.

Vessel of the Holy Spirit, pray for us.

Leading us to Christ, pray for us.

Our spiritual father and advocate, pray for us.

Crowned with glory in Heaven, pray for us.

God our Father, You helped St. Pio of Pietrelcina to reflect the image of Christ through a life of charity and self-sacrifice. May we follow your Son by walking in the footsteps of St. Pio and by imitating his selfless love.

Amen

Spiritual Readings from the Letters of Padre Pio

St Mary's Church

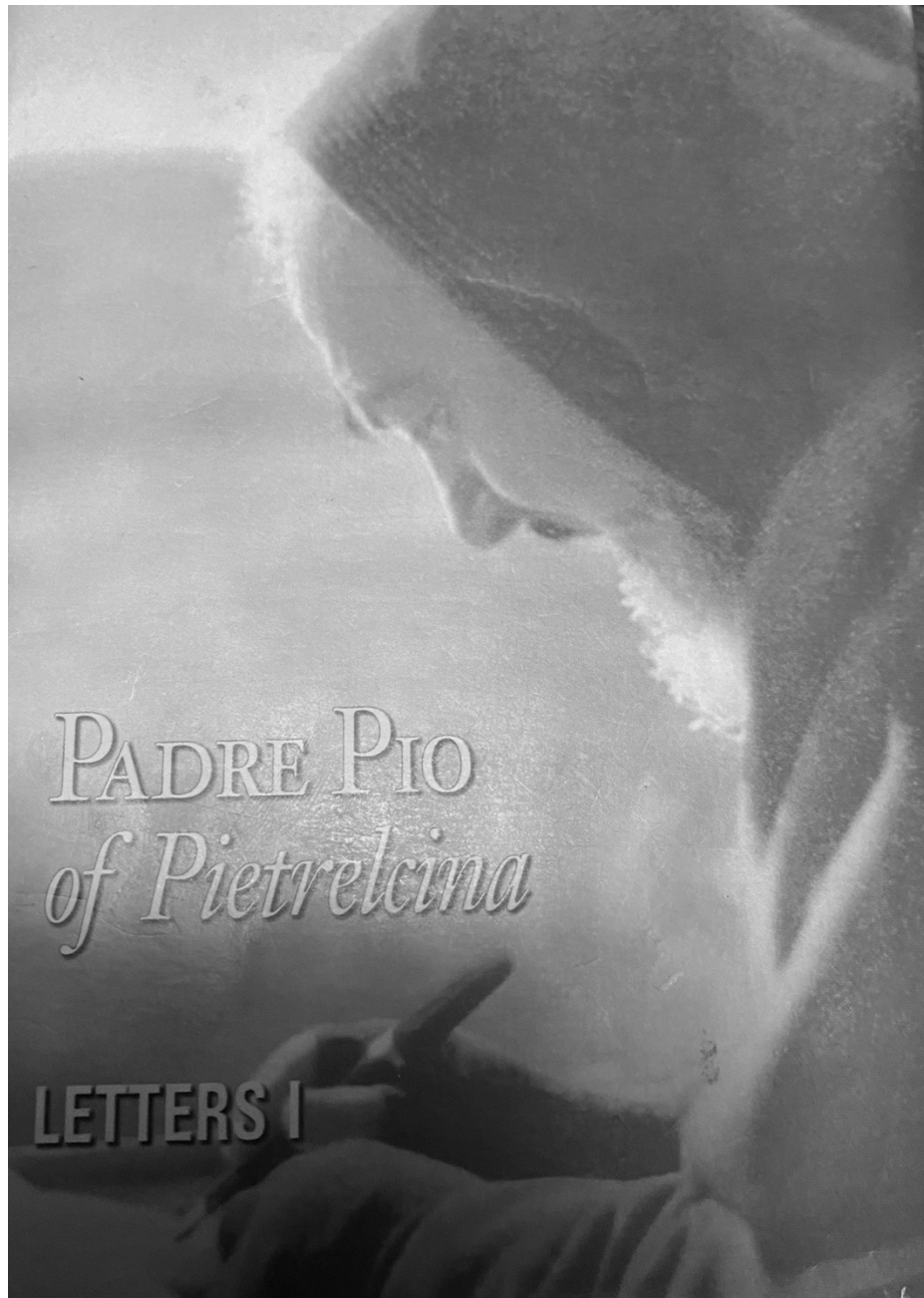
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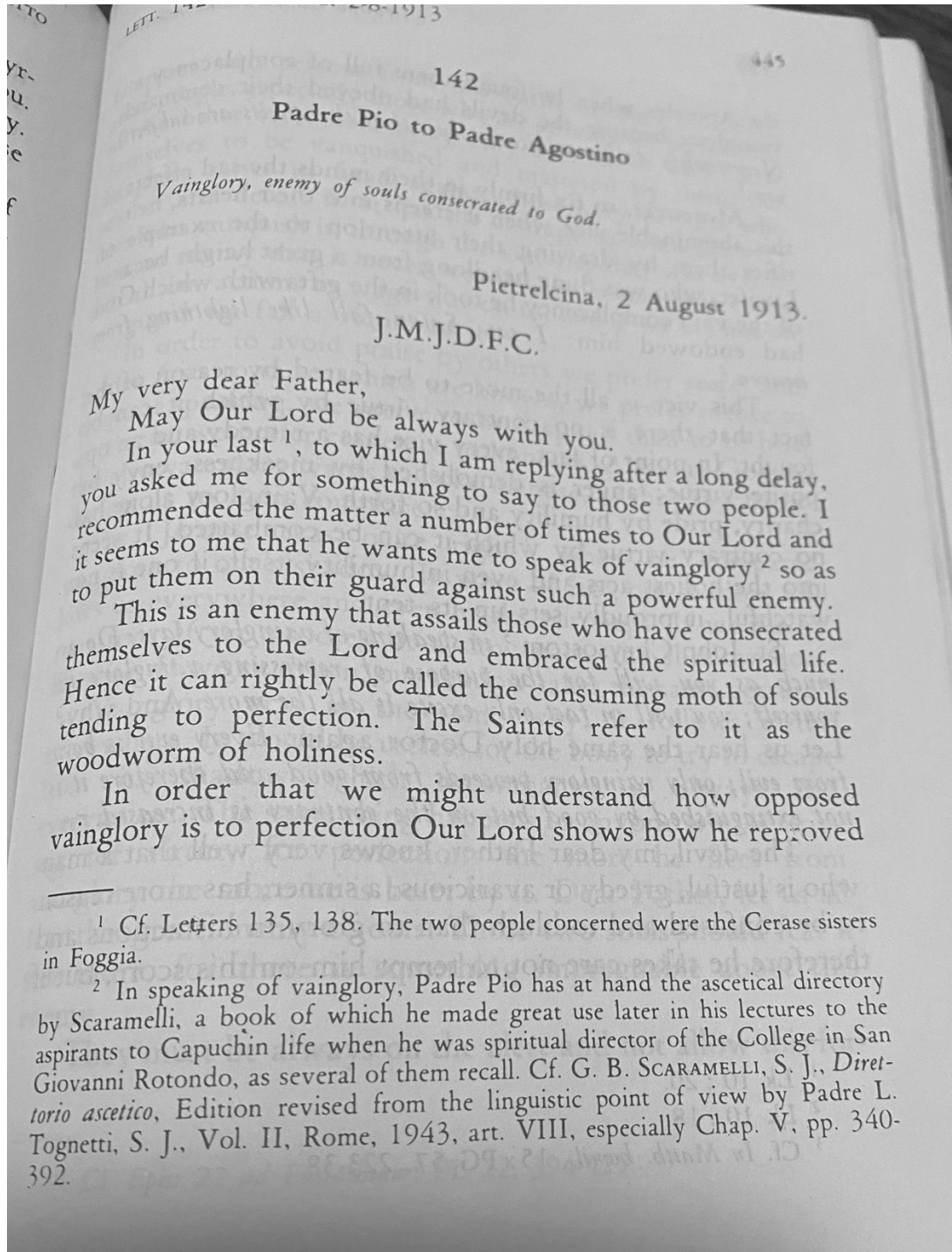
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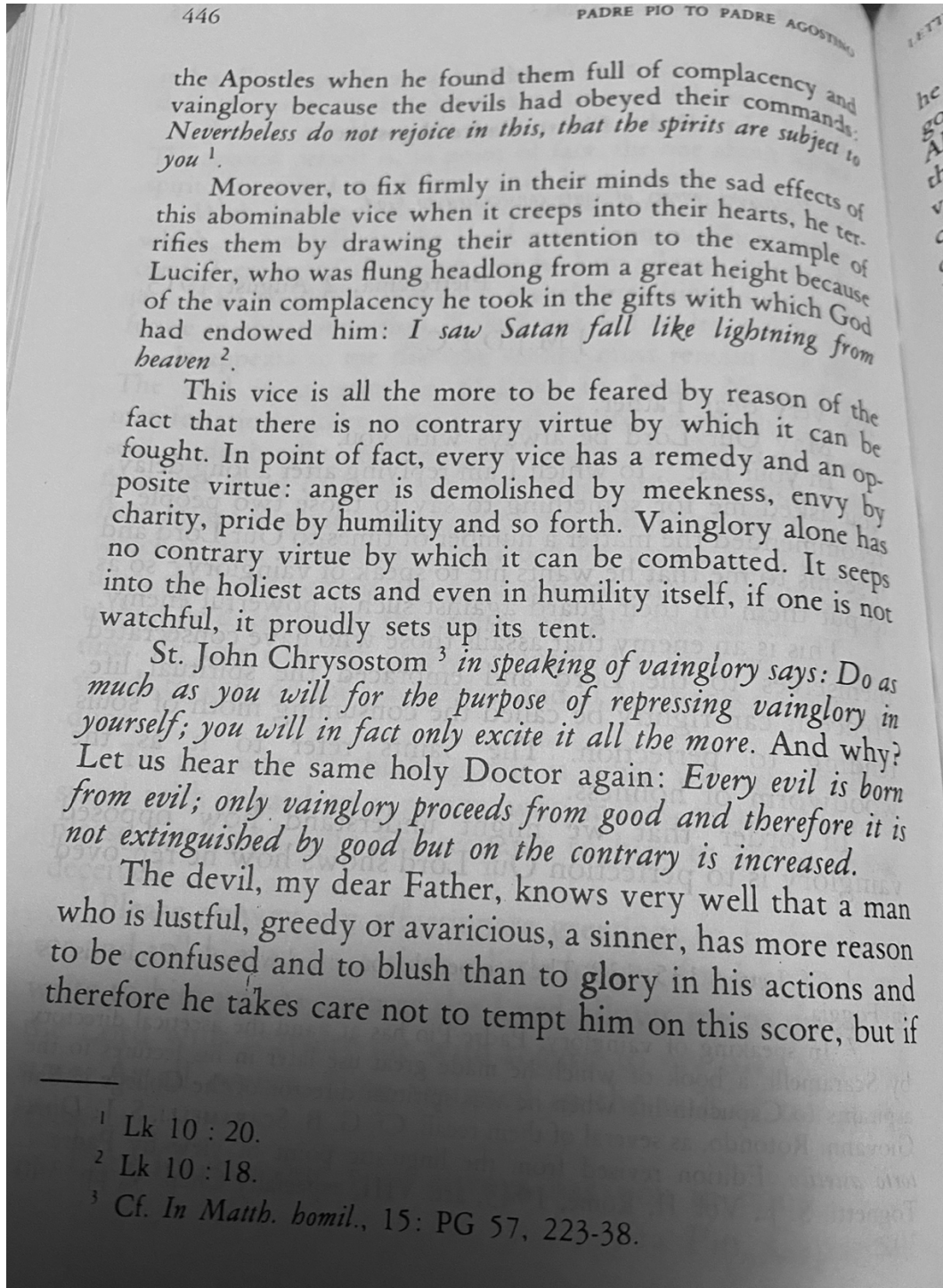
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¹ Lk 10 : 20.

² Lk 10 : 18.

³ Cf. *In Matth. homil.*, 15: PG 57, 223-38.

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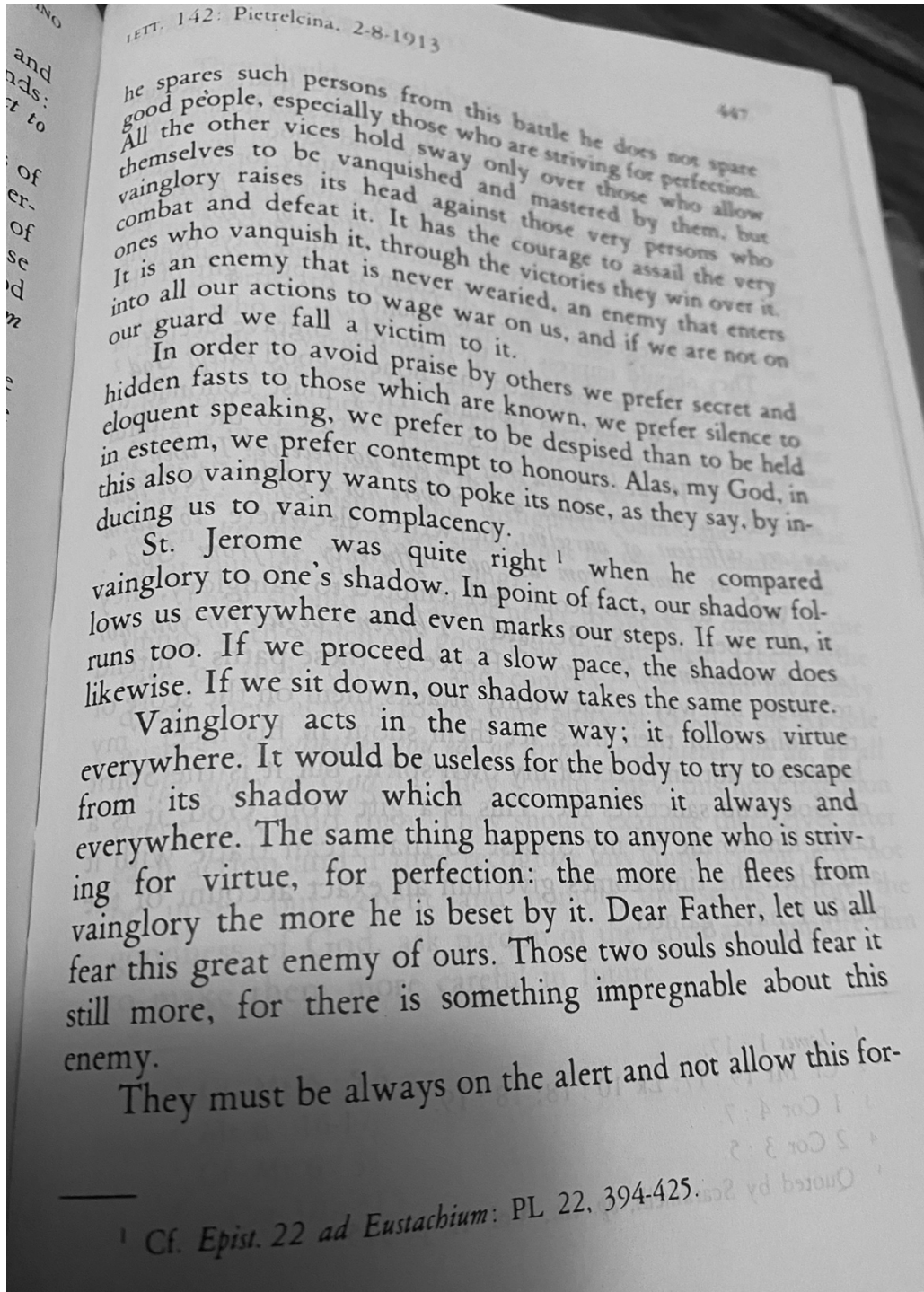
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PADRE PIO TO PADRE AGOSTINO

midable enemy to invade their minds and hearts, because once it gets in it mars every virtue, corrodes all holiness and corrupts everything that is beautiful and good.

They should strive to ask God constantly for the grace to be preserved from this pestilential vice, for *every perfect gift is from above, coming down from the Father of lights*¹. Let them open wide their hearts to trust in God, always bearing in mind that all that is good in them is a pure gift of the heavenly Bridegroom's supreme bounty.

They should impress on their minds, engrave deeply in their hearts and be convinced that none is good *except God*² and that all we have is nothing. They must continue to meditate assiduously on what St. Paul wrote to the faithful of Corinth: *What have you that you did not receive? If then you received it, why do you boast as if it were not a gift?*³. Not that *we are sufficient of ourselves*, he writes elsewhere, *to claim anything as coming from us; our sufficiency is from God*⁴.

When these two people feel tempted to vainglory, they should repeat with St. Bernard: *"I haven't begun for you, nor do I want to finish for you"*⁵. Hence by these paths I intend to pursue my way. If the enemy attacks them on the score of the holiness of their lives, let them shout in his face: "my holiness is not an effect of my own spirit, but it is the Spirit of God who sanctifies me. This is a gift from God, it is a talent lent to me by my Spouse so that I can trade with it and when the time comes give him an exact account of the profit I have gained."

¹ James 1 : 17.

² Cf. Mt 19 : 17; Lk 10 : 18; 18 : 19.

³ 1 Cor 4 : 7.

⁴ 2 Cor 3 : 5.

⁵ Quoted by Scaramelli, *op. cit.*, Vol. II, p. 375.

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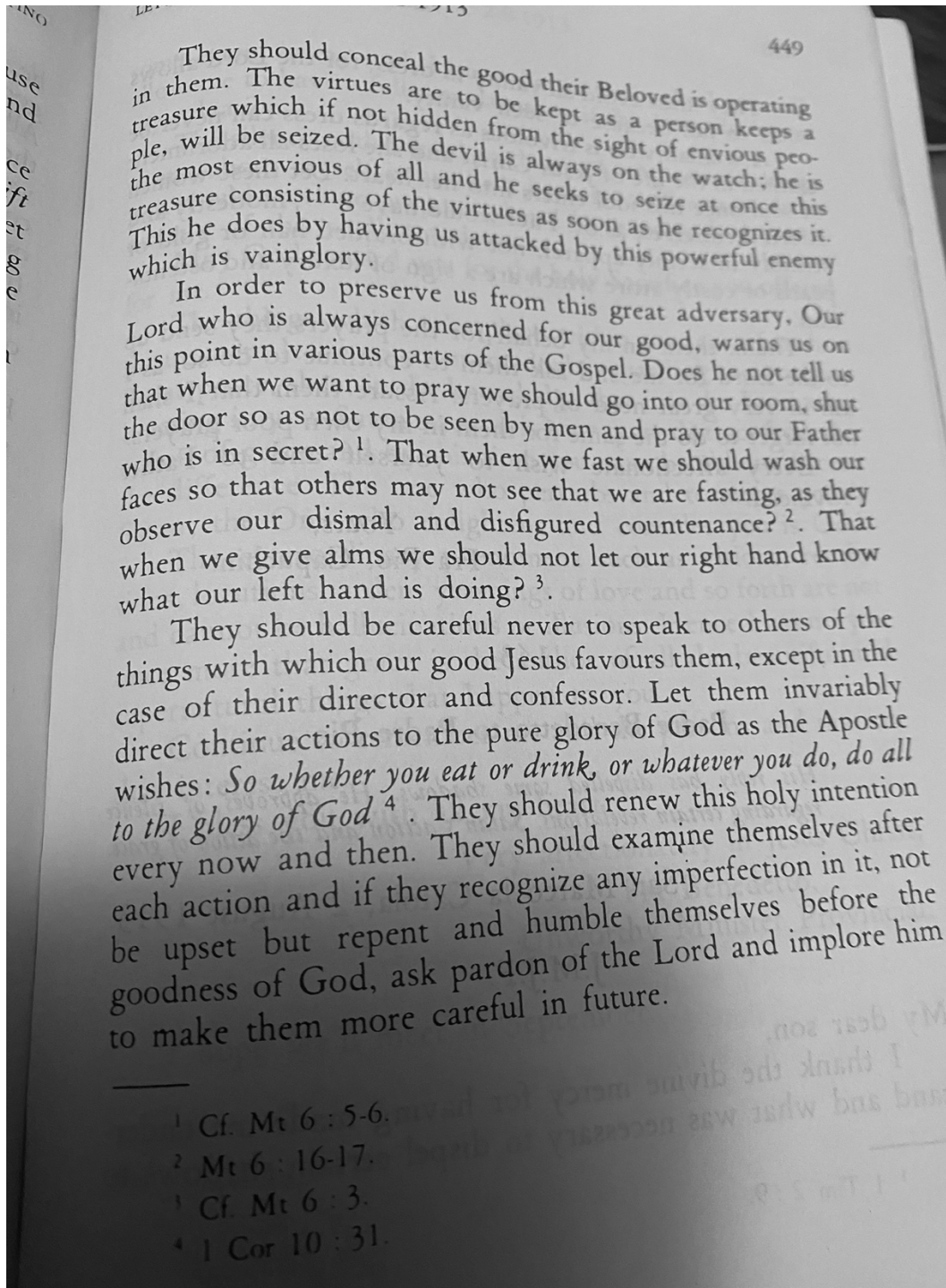
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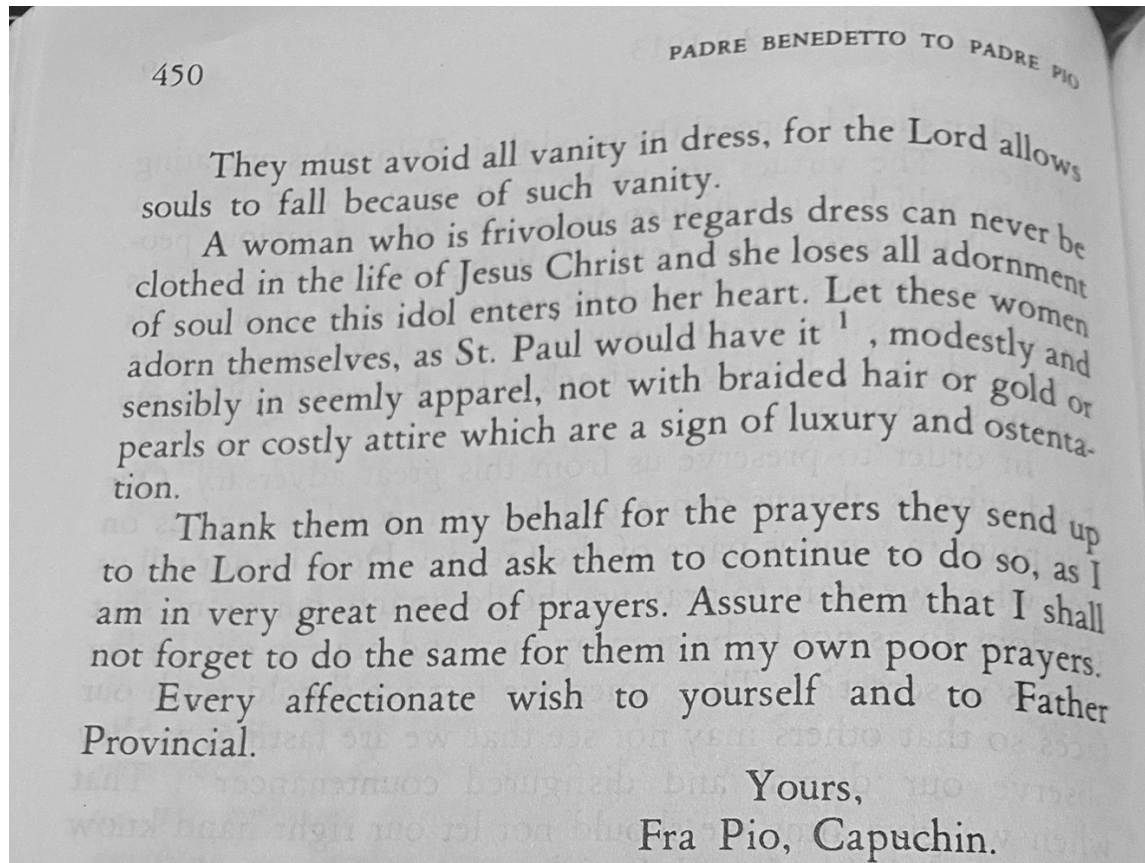
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Padre Benedetto to Padre Pio

His reply has dispelled some shadows. He approves of silence regarding certain revelations. Satan's action and the action of grace.

San Marco la Catola, 2 August 1913.

J.M.J.F.

My dear son,

I thank the divine mercy for having made me understand and what was necessary to dispel certain shadows to

¹ 1 Tim 2 : 9.

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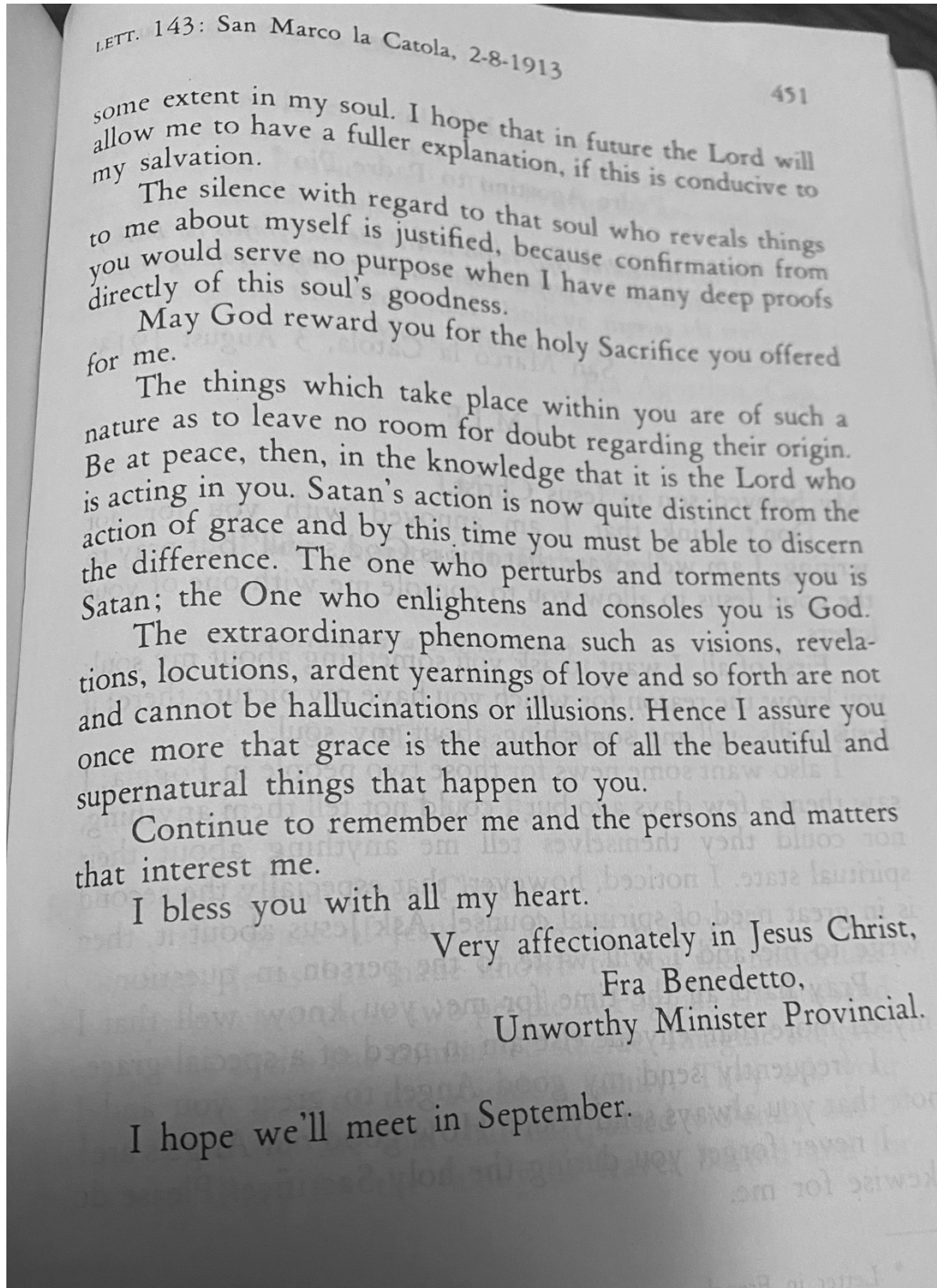
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Saint of the Day: August 2: **Saint Eusebius of Vercelli**, Bishop

c. 283 (or early Fourth Century)–371

Patron Saint of Piedmont, Italy

Saint Eusebius of Vercelli was born in the late third, or early fourth, century on the Mediterranean island of Sardinia, west of modern-day Italy. It is possible that Eusebius' father was martyred during Roman Emperor Diocletian's reign, leading his mother to take Eusebius to Rome. There, Eusebius became a respected figure in the Christian community, practicing his faith and becoming a lector.

Around 340, Eusebius' exemplary holiness and support for the true faith as the Arian heresy divided the Church led the pope to ordain him as a bishop and appoint him as the first Bishop of Vercelli, in northern Italy. In Vercelli, Bishop Eusebius ministered to his congregation and reached out to convert pagans. He was the first bishop to establish a form of monastic life for diocesan clergy. The clergy lived in common while serving the needs of the diocese under Bishop Eusebius, who himself lived among them. This novel approach led to fraternity, spiritual growth, accountability, and the positive outcomes of pursuing a common mission.

In 355, Emperor Constantius II forced the pope, Bishop Eusebius, and several other bishops into exile for their opposition to Arianism. Bishop Eusebius was sent to Scythopolis, located in the Jordan Valley just south of the Sea of Galilee, then to Cappadocia in modern-day Turkey, and finally to Thebaid, Egypt, south of Cairo. Thebaid was a remote and desolate territory, and Bishop Eusebius endured the harsh environment, as well as abuse by his jailers. During his exile, Eusebius became a prolific letter writer, continuing to guide his flock and encourage other bishops. A few of his letters, theological treatises, and homilies have survived either in whole or in part. Eusebius remained in exile until 361 when Emperor Constantius II died, and the succeeding Emperor Julian allowed all of the exiled bishops to return to their dioceses. Reunited with his flock, Bishop Eusebius ministered to his people for ten more years until his death. During that time, he continued to oppose Arianism and defend the Nicene Creed that had summarized Catholic doctrine in 325. In 362, he participated in the Second Council of Alexandria, which affirmed the Council of Nicaea's teachings and addressed the theological concerns of Arianism. It also declared that repentant Arians who professed the Nicene Creed could be readmitted into full communion with the Church. Thus, it served as both a theological and pastoral council.

Saint Eusebius is remembered as a staunch defender of Christ's true nature and a holy pastor who bravely endured exile and much suffering for his faith. For this reason, he is considered one of the great confessors of

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the early Church, that is, one who suffered for the faith but did not endure martyrdom. Others include Saint Athanasius of Alexandria, Saint Basil the Great, Saint Gregory of Nazianzus, Saint Gregory of Nyssa, Saint Hilary of Poitiers, and Saint Ambrose of Milan.

Saint Eusebius, you were a faithful pastor who loved his flock, cared for the clergy, and defended Christ's divinity while suffering greatly. Pray that I will never allow suffering to deter me from my calling to share the love of Christ and to defend the truth for the good of others. Saint Eusebius of Vercelli, pray for me. Jesus, I trust in You.

Next meeting information, websites and information

September 06, 2025, at 9:00 am

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